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# **Best Salmon Patties**

These tasty salmon patties are easy to make with canned salmon. Delicious for lunch or dinner!

Recipe by **Sue** Updated on June 23, 2023

Tested by Allrecipes Test Kitchen

Prep Time: 15 mins Cook Time: 10 mins Total Time: 25 mins

## Ingredients

1 (14.75 ounce) can canned salmon

½ cup seasoned dry bread crumbs

1/4 cup chopped onion

1 large egg

1 tablespoon olive oil

### **Directions**

#### Step 1

Drain and reserve liquid from canned salmon; place salmon in a medium bowl. Add bread crumbs, onion, and egg; mix well to combine.

#### Step 2

Shape mixture into patties, adding reserved liquid from salmon if the mixture is too dry.

#### Step 3

Heat oil in a large skillet over medium heat; add patties and cook until golden brown, about 3 to 4 minutes per side. Drain on paper towels and serve.

### **Nutrition Facts**

Per serving: 187 calories; total fat 9g; saturated fat 2g; cholesterol 61mg; sodium 436mg; total carbohydrate 8g; dietary fiber 1g; protein 19g; vitamin c 1mg; calcium 176mg; iron 1mg; potassium 242mg