

18-20 patties

Silver Dollar Oat Patties

4 oz. tofu, drained & crumbled	1 egg
1 cup chopped walnuts	1 tsp. soy sauce
1 cup rolled oats, uncooked	1 tsp. mustard

Mix all ing. Form into silver dollar-size patties. Broil or cook in frying pan w/a minimum amount of cooking oil until brown.

High protein - meatlike patty.