

BEANS - FORTE OF THE PROPERTY OF THE PROPERTY

Use kidney or any other variety of dried beans or dried peas. Cover beans or peas with cold water. Let stand 12 to 18 hours in a cool place. Boil 30 minutes, Pack, hot, into hot jars, leaving 1-inch [25 mm] head space. Add ½ teaspoon [2.5 mL] salt to each pint [480 mL], OR 1 teaspoon [5 mL] salt to each quart [950 mL]. Cover with boiling water, leaving 1-inch [25 mm] head space. Adjust caps. Process pints [480 mL] 1 hour and 15 minutes, quarts [950 mL] 1 hour and 30 minutes, at 10 pounds [70 kPa] pressure.